
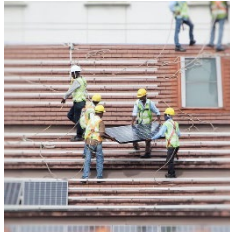




Workplace safety

Glossary

Words and terms that appear in this practice

PPE Item	How it protects you	Picture of someone wearing the PPE	NOTES
Safety helmet or 'hard hat'	Gives protection to the worker from injury to the head caused by falling objects or the worker falling over. A safety helmet can also provide protection from the sun.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Safety harness	A safety harness is worn by workers when they are working at a height or 2 metres or more from the ground. Examples are when working on the roof of a building or on scaffolding on the side of a building. The safety harness prevents the worker from falling to the ground if they lose their balance.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Steel-capped boots	Steel-capped boots or shoes are required in many workplaces where there is potential for injury to the feet from falling heavy or sharp objects.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Disposable respirators (face masks)	Face masks are worn to protect workers from inhaling tiny particles in the air that could cause harm to the lungs. The hazardous particles may be from chemicals, fertilisers, or dust. Disposable respirators are worn once and then thrown away.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>



Re-usable face respirators

Re-usable respirators are worn by workers who are working with chemicals or gases that can cause disease or other harm to the lungs. They can be worn more than once and have replaceable filters that capture small hazardous particles.



Face shields and visors

Face shields and visors provide protection to the face including the skin, mouth, nose, and eyes, caused by extreme heat, sharp flying objects, dust particles, or electrical sparks.



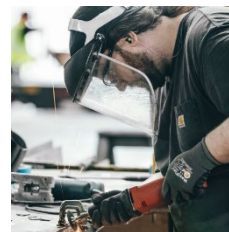
Safety glasses and goggles

Safety glasses and goggles provide protection to the eyes, caused by sharp flying objects, dust particles, or electrical sparks. Some safety glasses can be tinted to provide protection against the sun if being worn outdoors.



Earplugs

Earplugs are placed inside the ears to protect a worker's ears from loud noise that can cause hearing loss.



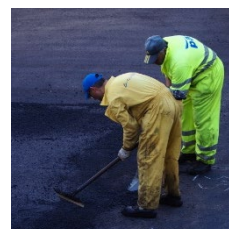
Earmuffs

Earmuffs are placed over the ears to protect a worker's ears from loud noise that can cause hearing loss.



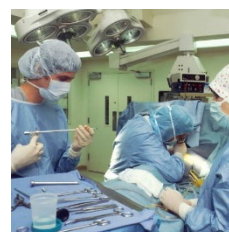
Protective coveralls

Coveralls are worn over a worker's regular clothes to protect them from damage caused by paints, chemicals, dirt, or other things that can stain.



Disposable gowns

Disposable gowns are often worn by health workers, such as doctors and nurses to protect the workers' clothes from human blood that could carry disease.

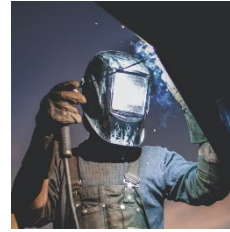


NOTES



Heat-resistant gloves

Heat-resistant gloves are worn to protect against burns by workers who come into contact with very hot objects. Some examples of these workers are welders, fire fighters, and bakers.



Disposable gloves

Disposable gloves are worn by some workers to protect them from anything that could harm them through the skin, such as chemicals or human blood that might carry disease. Some workers wear the disposable gloves to keep other people safe; for example, when they are preparing or handling food that others will eat.



Images: Pixabay & unsplash.com

NOTES



Check what you know

A safety harness is worn by workers when they are working at a height of _____ metres or more from the ground. I would use a safety harness if I was...

Earmuffs versus Earplugs. What is the difference?

Earmuffs versus Earplugs. What is the same?

What will help to protect a worker's head from falling objects and other accidents?

What will help to protect a worker's feet from falling heavy or sharp objects?



Circle which of these workers would wear a face mask

Underline these workers who need to wear a respirator:

pest controller fire fighter dentist nurse floor sander
crop grower nail technician nuclear power plant worker

Face shields and visors provide protection to what parts of the face?

What PPE will protect your eyes?



If you were a vet, would you wear a disposable gown?

Yes

No

Why? / Why not?

What is something that welders, fire fighters, and bakers all have to wear?

Tick all that apply

People wear disposable gloves to protect them from:

heat

disease

mosquitoes

the cold

chemicals

human blood

