

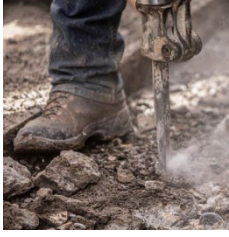



Workplace safety

Glossary

Words and terms that appear in this practice

PPE Item	How it protects you	Picture of someone wearing the PPE	NOTES
Safety helmet or 'hard hat'	Gives protection to the worker from injury to the head caused by falling objects or the worker falling over. A safety helmet can also provide protection from the sun.		<hr/> <hr/> <hr/> <hr/> <hr/>
Safety harness	A safety harness is worn by workers when they are working at a height or 2 metres or more from the ground. Examples are when working on the roof of a building or on scaffolding on the side of a building. The safety harness prevents the worker from falling to the ground if they lose their balance.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Steel-capped boots	Steel-capped boots or shoes are required in many workplaces where there is potential for injury to the feet from falling heavy or sharp objects.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
Disposable respirators (face masks)	Face masks are worn to protect workers from inhaling tiny particles in the air that could cause harm to the lungs. The hazardous particles may be from chemicals, fertilisers, or dust. Disposable respirators are worn once and then thrown away.		<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>



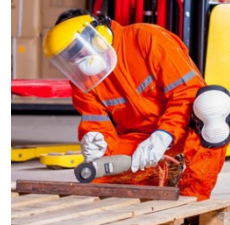
Re-usable face respirators

Re-usable respirators are worn by workers who are working with chemicals or gases that can cause disease or other harm to the lungs. They can be worn more than once and have replaceable filters that capture small hazardous particles.



Face shields and visors

Face shields and visors provide protection to the face including the skin, mouth, nose, and eyes, caused by extreme heat, sharp flying objects, dust particles, or electrical sparks.



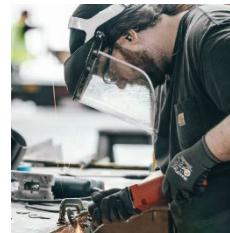
Safety glasses and goggles

Safety glasses and goggles provide protection to the eyes, caused by sharp flying objects, dust particles, or electrical sparks. Some safety glasses can be tinted to provide protection against the sun if being worn outdoors.



Earplugs

Earplugs are placed inside the ears to protect a worker's ears from loud noise that can cause hearing loss.



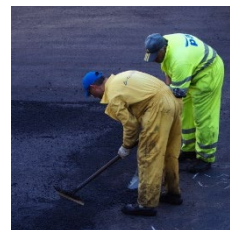
Earmuffs

Earmuffs are placed over the ears to protect a worker's ears from loud noise that can cause hearing loss.



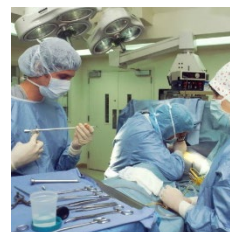
Protective coveralls

Coveralls are worn over a worker's regular clothes to protect them from damage caused by paints, chemicals, dirt, or other things that can stain.



Disposable gowns

Disposable gowns are often worn by health workers, such as doctors and nurses to protect the workers' clothes from human blood that could carry disease.



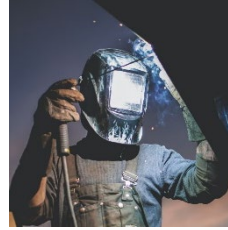
NOTES

Lined area for taking notes.



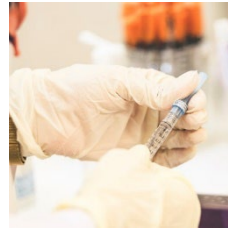
Heat-resistant gloves

Heat-resistant gloves are worn to protect against burns by workers who come into contact with very hot objects. Some examples of these workers are welders, fire fighters, and bakers.



Disposable gloves

Disposable gloves are worn by some workers to protect them from anything that could harm them through the skin, such as chemicals or human blood that might carry disease. Some workers wear the disposable gloves to keep other people safe; for example, when they are preparing or handling food that others will eat.



Images: Pixabay & unsplash.com

NOTES

Notes section with horizontal lines for writing.



Tick all that apply

Safety helmet or 'hard hat'

- Protects your head from:
 - falling objects
 - hitting your head on something hard
 - the sun

Safety harness

- Protects your body from falling to the ground
- Wear if you are 2 metres or more off the ground:
 - on a roof
 - up a tree
 - on scaffolding

Steel-capped boots or shoes

- Protect your feet from:
 - heavy objects
 - sharp objects

Disposable respirators (face masks)

- You wear once and then throw away
- Protect your lungs from breathing in dangerous:
 - chemicals
 - fertilisers
 - dust

Re-usable face respirators

- You wear more than once
- Have replaceable filters
- Protect your lungs from breathing in:
 - chemicals
 - gases



Face shields and visors

- Protect your face including:
 - skin
 - mouth
 - nose
 - eyes
- Protects from:
 - extreme heat
 - sharp flying objects
 - dust particles
 - electrical sparks

Safety glasses and goggles

- Protect your eyes from
 - sharp flying objects
 - dust
 - electrical sparks
- Can be tinted to protect from the sun

Earplugs

- Wear inside the ears
- Protects hearing

Earmuffs

- Wear over the ears
- protects hearing loss

Protective coveralls

- Wear over clothes
- Protects clothes from damage by:
 - paints
 - chemicals
 - dirt
 - things that can stain.

Disposable gowns

- Protect from blood (that could carry disease)
- Worn by health workers e.g., doctors and nurses

Heat-resistant gloves

- Protect hands from burns from very hot objects
- Worn by welders, fire fighters, and bakers.

Disposable gloves

- Protect hands from
 - chemicals
 - blood (that could carry disease)
 - germs



Match the protective equipment with the danger



PPE Item

Safety helmet or 'hard hat'

Safety harness

Steel-capped boots

Disposable respirators (face masks)

Re-usable face respirators

Face shields and visors

Safety glasses and goggles

Earplugs

Earmuffs

Protective coveralls

Disposable gowns

Heat-resistant gloves

Disposable gloves

Protects you from



Breathing in fertilisers



Blood



Breathing in chemicals



Burns/extreme heat



Electrical sparks



Sharp flying objects



Falling to the ground



The sun



Falling objects



Hearing loss



Breathing in dust



Hitting your head on something hard



Paint



Falling heavy objects



Dust



Electrical sparks



Sharp objects



Dirt



Chemicals

