

Work experience

Journal writing



Before work experience

I am looking forward to...

I am worried about...

I need to find out about...



During work experience



Write today's date __/__/__

Something I learned today

I learnt how to...

I learnt about...

I learnt...

Something that went well today

I was excited because...

I did a good job of...

I did a good job by...

I was happy that...

Something that was a challenge today

I was frustrated because...

I didn't like...

I found it hard to...



After work experience



A highlight of my work experience was...

I really enjoyed...

I was good at...

One thing I'd do differently...

A challenge I had was...

I'm planning now to...

